



# Modernizing Idaho Medicaid

Prevention | Wellness | Responsibility

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## Medicaid Modernization



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**Shaped around a set of assumptions:**

- **Medicaid is unsustainable in its current structure**
  - **Access, quality & costs must be balanced**
  - **Meaningful improvements exist outside of the traditional program structure**
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## Existing Idaho Medicaid



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### Things to improve on:

- **Complicated rules & regulations vs. results and health outcomes**
- **Application process looks only at eligibility & not health needs**
- **One size fits all**



## Approach to Modernization



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- **Simplify eligibility**
  - **Look at health needs & eligibility at the time of application**
  - **Establish policy goals relevant to specific populations**
  - **Modify benefits to meet identified needs**
  - **Phased implementation over several years**
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## New Structure



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### Three distinct Medicaid benefit plans:

- Basic Plan for low-income children and working-age adults;
  - Enhanced Plan for individuals with disabilities or special health needs; and
  - Medicare/Medicaid Coordinated Plan for individuals eligible for both.
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## Basic Plan



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- Policy goals emphasize preventive care & wellness
  - Individuals with average health
  - Cost sharing:
    - Premiums of \$10-\$15/person/month
    - Co-pays for some services
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## Basic Plan Benefits



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- **Wellness benefits for children & adults**
  - **26 out-patient Mental Health Clinic services;  
10 in-patient Mental Health days**
  - **No Psycho-social rehab or partial care**
  - **Dental, physical therapy, occupational therapy,  
speech therapy, DME covered**
  - **No long-term care, personal care services or  
case management services**
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## Enhanced Plan



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- Policy goals empower individuals to manage their own lives & provide opportunities for employment
- Benefits are essentially current Medicaid
- Individuals with disabilities who go to work will be able to “buy in” to the Medicaid program



## Medicare/Medicaid Coordinated Plan



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- Policy goals promote the health & dignity of older Idahoans
  - Benefit plan supplements Medicare
  - Individuals dually eligible for Medicare and Medicaid who opt into this plan
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## Remember to Check Eligibility!



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- Eligibility response will indicate Basic, Medicaid, Pregnancy-related, QMB
  - Individuals in CHIP B benefit plan will be converted to Basic Plan in July
  - Yellow CHIP B cards will be replaced with white Medicaid ID cards
  - All new approvals will receive same medical ID card
  - Eligibility check is critical
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## Health Risk Assessment



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- Health screening @ application
    - Identify medical home
    - Identify health behaviors
    - Identify appropriate benefits
  - Assessment/physical completed by primary care physician
  - Referrals to mental health professionals as deemed necessary
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## Personal Health Account



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- **Personal Health Accounts to reward healthy behaviors**
  - **Credits for weight loss & tobacco cessation, current immunizations & well-child checks**
  - **Credits can be used for fitness memberships, nicotine patches/gum, weight loss memberships, bicycle helmets & to help pay premium payments**
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## Other Reforms



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- Rate increases for well child checks
  - Dental outsourcing
  - Long term care counseling
  - Healthy Schools
  - Coordinate Medicaid enrollment with school lunch program
  - Caregiver support
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## Next Steps



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- Medicaid newsletters
  - Federal approval
  - System modifications
  - Participant communication
  - Implementation beginning in July
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## Contact Information



[healthandwelfare.idaho.gov](http://healthandwelfare.idaho.gov)

### Questions / Comments

- Kate VandenBroek
- Phone: 208-364-5747
- [vandenbk@idhw.state.id.us](mailto:vandenbk@idhw.state.id.us)

